**Young People & Risky Behaviours**

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| **Course Dates** | Wednesday 12th July 2017 & Tuesday 10th April 2018 |
| **Course Duration** | 10am – 1pm |
| **Course Venue** | Luton Fire Station |
| **Trainer** | Jenny Melrose |

**Course Aim:**

To identify factors that would make a young person more at risk of poorer sexual health outcomes. This will examine methods to support young people to make better choices around their sexual health.

**Course Objectives:**

By the end of this training course you will:

* Be able to effectively work with young people at risk and look at developing skills around protective behaviours.
* Develop techniques to encourage motivational changes in young people to source a behavioural change in them
* Identify current risks that young people may encounter (for example, arranged/forced marriages, CSE, FGM and sexting)
* Be able to support young people to feel safe and confident to explore new experiences (for example, sexual orientation, sexual boundaries)

**Applicable to:**

Professionals working in Luton with vulnerable people of all ages including:

* Mental health service users
* LDD service users (Learning Disabilities/Difficulties)
* Black Minority Ethnic communities
* Vulnerable young people (under 25)